

# HEART OF A LION ONE WEEK CAMP 08

## TWO AGE GROUPS YOUTH - 3RD THRU 6TH GRADE PRE HIGH SCHOOL - 7TH THRU 9TH

THE 2008 ONE WEEK BASKETBALL CAMPS AT LHS WILL BE HELD THE WEEK OF JUNE 2ND. INSTRUCTION AND GAMES WILL BE THE FOCUS OF THIS CAMP. COACH DAVIS AND HIS STAFF WILL INCLUDE LOCAL COACHES AND LHS BASKETBALL PLAYERS IN THIS FUN FILLED WEEK OF BASKETBALL.



### LHS HEAD BOYS BASKETBALL COACH CHRIS DAVIS PLUS OTHER AREA COACHES + PAST AND CURRENT LHS PLAYERS

COACH DAVIS WILL DIRECT THE CAMP AND WORK WITH CAMPERS TO HELP THEM TO IMPROVE THEIR GAME. THE CAMP STAFF WILL INCLUDE LHS STAFF AND LOCAL JR HIGH COACHES.

#### THE MORNING SESSION 9AM TO NOON

DRILLWORK, SHOOTING, OFFENSIVE SKILLS, CONTESTS ETC. WE WILL FOCUS ON DEVELOPMENT OF INDIVIDUAL AND TEAM SKILLS. ON FRIDAY WE WILL HAVE OUR FINALS DAY WHERE THE CAMPERS CAN GET AN IDEA OF WHERE THEIR SKILL LEVEL IS AND WHAT THEY NEED TO CONTINUE TO WORK ON.



#### THE AFTERNOON SESSION - 4PM TO 6PM AND MORE GAMES - PERIOD

MONDAY THRU THURSDAY THE AFTERNOON SESSION WILL PLACE PLAYERS ON TEAMS AND PLAY GAMES. WE KNOW THAT SOME EVENTS WILL CAUSE A CAMPER TO MISS A SESSION OR TWO. NOT A BIG DEAL. EACH SESSION WILL HAVE NEW TEAMS AND NEW COACHES. INTERACTION WITH PAST AND CURRENT LHS PLAYERS WILL MAKE THE SESSION ENJOYABLE AND EDUCATIONAL FOR ALL PLAYERS.

**AT 6:00 THE LHS PLAYERS WILL PLAY AND CAMPERS MAY STAY TO WATCH**

# ONE WEEK CAMP 08



## CAMP SHIRTS AND BALLS

AS ALWAYS WE WILL HAVE OUR CAMP SHIRTS AND BALLS. WE WANT THE CAMP TO BE MEMORABLE AND EFFECTIVE. THE SHIRTS ARE HIGH QUALITY T'S THAT LAST. THE BASKETBALLS CAN BE USED INDOOR AND OUT. HIGH QUALITY BASKETBALLS FROM BADEN SPORTS.

## THE CAMP IS A GREAT JUMPSTART INTO THE WORKOUT CAMP

WE WILL TEACH AND PRACTICE MANY OF THE DRILLS USED IN THE WORKOUT CAMP. MANY OF THE DRILLS ARE DEVELOPED FOR THE PLAYERS TO USE AT HOME SO THEY CAN WORKOUT ON THEIR OWN. THIS IS A GREAT TIME FOR PARENTS TO INTERACT WITH THEIR KIDS. YOU WILL REALLY ENJOY WATCHING THEM IMPROVE.



## THE SESSIONS

5 MORNING SESSIONS  
4 AFTERNOON SESSIONS  
A CAMP SHIRT AND A CAMP BALL  
ONLY \$100

THEY WILL GET BETTER AND THEY WILL HAVE FUN!  
ITS GREAT FOR A BEGINNER AND FOR THE BEST KID IN TOWN. THEY ALL WILL IMPROVE. ASK TAYLOR PARKER, STEVEN VINSON, OR BRENNAN BECHARD

FOR A REGISTRATION FORM - EMAIL COACH DAVIS AT [CDAVIS@SUNFLOWER.COM](mailto:CDAVIS@SUNFLOWER.COM)  
OR CALL HIM AT 979-4539  
THEY MAY ALSO BE PICKED UP AT LHS IN THE ATHLETICS OFFICE